# New Pathways Counselling College

Level 2 Certificate in Counselling Skills

Level 3 Certificate in Counselling Studies

Level 5 Diploma in Counselling for Trauma

Level 6 Certificate in Therapeutic Counselling Supervision



www.newpathways.org.uk/counsellingcollege/

Courses starting September 2021

# Why study with New Pathways?

#### **About New Pathways**

New Pathways is a Welsh third sector organisation with nearly 30 years of experience in counselling adults and children affected by sexual abuse and delivering training on sexual violence, trauma and related social care topics. We have a strong reputation in both counselling and training and provide a supportive environment with expert tutors who are both practising counsellors and qualified teachers. We offer a learning experience that is authentic and professional, from your first step into counselling through to professional development with an expert diploma in working with trauma and a certificate in counselling supervision. We provide opportunities for course progression, in-house placements, and further CPD. As a charity, any income generated from our Counselling College is returned to our charitable services so we can continue to support people affected by sexual violence.



#### **About CPCAB**

Our courses are validated by the CPCAB (Counselling & Psychotherapy Central Awarding Body). CPCAB is a UK awarding body that is managed by professional counsellors, trainers and supervisors. Operating for 25 years, they are the only awarding body in Europe to specialise in the field of counselling.

### Level 2 Certificate in Counselling Skills



This course will be delivered in a blended learning format. Weekly sessions via Zoom and one full-day in-person workshop in your choice of Aberystwyth, Swansea or Newport.

£699.00 inclusive of CPCAB registration (can be paid in installments).

No formal qualifications required, but will require basic levels of literacy and IT.

More information and application form available on our website: www.newpathways.org.uk/counsellingcollege/

Starting September 2021

Going to college or university can seem daunting, whereas completing a course at New Pathways seemed 'doable' for me, and I wanted a course that was respected in the counselling world.

I've got an incredible amount out of this course. I learnt so much about the skills needed to be a helper, and eventually a counsellor. It has been about so much more than just counselling skills, it's been about people and about life.



- Dominique

### Level 3 Certificate in Counselling Studies



This course will be delivered in a blended learning format. Weekly sessions via Zoom and three full-day in-person workshops in your choice of Aberystwyth or Newport.

£799.00 inclusive of CPCAB registration (can be paid in installments).

Requires Level 2 in Counselling Skills or evidence of 75 taught hours of training at Level 2 or above in counselling skills from a reputable provider.

More information and application form available on our website: www.newpathways.org.uk/counsellingcollege/

Starting September 2021

The tutors made the experience memorable and it was like we were all peers, not students. We all bonded so well and, even though it was online, it was a safe space and we got the quality of the teaching. It was really enjoyable; in fact, it was awe-inspiring.

I'd like to take this opportunity to thank the staff at New Pathways for all of their support, and I wish I'd done all of my training with New Pathways.

- Sharon

## Level 5 Diploma in Counselling for Trauma



This course will be delivered in a blended learning format. Weekly sessions via Zoom and one in-person weekend per term at our Cardiff base.

This course requires a placement with at least 60 hours of counselling with clients who have experienced trauma

£2,500 (can be paid in installments) plus £220 for CPCAB registration.

More information and application form available on our website: www.newpathways.org.uk/counsellingcollege/

Starting in September 2021

A lot of people start practising as counsellors after level 4, unaware of what they don't know about trauma. I believe that everyone should do this course to learn about stabilisation and phased approaches to trauma work.

The New Pathways tutors are amazing, the course was so much more structured than my level 4 at University, and it was all perfectly delivered over Zoom.

- Wendy

### Level 6 Certificate in Therapeutic Counselling Supervision



This course will be delivered in a blended learning format. Monthly sessions via Zoom with some in-person teaching at our Newport base (ratio to be agreed by CPCAB).

This course requires a minimum of 15 hours with supervisees. It also requires you to have at least 5 supervision hours with a clinical supervisor.

£1800 (can be paid in installments).

More information and application form available on our website: www.newpathways.org.uk/counsellingcollege/

Starting in September 2021

Studying with New Pathways, I've felt so supported and I've grown so much in confidence. I can see it in my writing and in my practice. I have had extra support with my dyslexia and we get support and guidance with the technology.

I am so pleased I did this course. We were all treated as professionals throughout and have learnt so much from each other.



### www.newpathways.org.uk/counsellingcollege/

- Melissa

" Thank you so much for the course, it's been really interesting, friendly and accessible. I've learnt a lot about myself, and about counselling and listening skills. There is much more to it than people realise. I've always wanted to be a counsellor and I intend to continue my journey with New Pathways. The learning style here suits me perfectly and everything is really structured and clear, with friendly and responsive tutors. "

- Deborah

" I just love this course. I can't tell you how much. It is exceeding all of my expectations. I have learnt more in 10 weeks than I did for all two years of my university diploma. The tutors are amazing and the group are so lovely. I look forward so much to every Tuesday. " – Donna



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