

Volunteering opportunities

in Bridgend County Borough



Make a
difference
to your life and
to others!

www.bavo.org.uk
www.volunteering-wales.net

Do you enjoy meeting people?

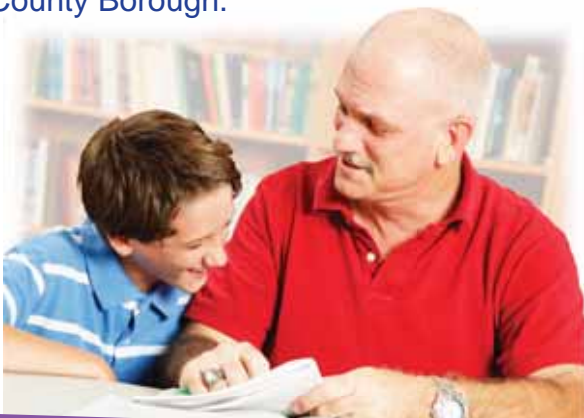
Are you looking for a change of direction?

Have you thought about volunteering?

BAVO (Bridgend Association of Voluntary Organisations), provides a county wide volunteer centre offering a one-stop resource of information, advice and guidance on all aspects of volunteering to all ages and abilities.

With over 300 registered voluntary organisations with a range of volunteering opportunities, we can match your skills and interests with a vacancy that best suits you.

We provide one-to-one informal interviews at our main office in Maesteg and in a range of outreach premises throughout Bridgend County Borough.



Meet new people...

Why should I volunteer?

Volunteering is rewarding and can make a big difference to you and your community

- **Develop personal skills and experience;**
- **Improve your confidence and self-esteem;**
- **Meet new people;**
- **Help improve the quality of other people's lives;**
- **Try new challenges;**
- **Check out a new career path;**
- **Learn a greater understanding of the voluntary sector.**

“Volunteering has been very helpful and given me valuable experience to take into employment.”



Improve your confidence and self-esteem...

What can I volunteer for?

We can match your skills and interests with an opportunity that best suits you

- Saving the environment / conservation;
 - Befriending;
 - Mentoring;
 - Advocacy;
 - Caring for the elderly;
 - Retail in a charity shop;
 - Supporting young people;
 - Drug and alcohol support projects;
 - Supporting people with special needs;
 - Driving;
 - Becoming a trustee...
- ...and lots more!

“Volunteering has benefited my health and I am now more active.”



Develop personal skills and experience...

Think about what you want from volunteering

Getting started....

- You will gain new skills, meet new people and enjoy new challenges;
- Think about what you have to offer – enthusiasm, work and life skills;
- Work out how much time you have to give each week / month.



“The dedication volunteers put in not only benefits the volunteer, but also benefits those who are most in need.”

Provide a real service to your community...



ARIENNIR GAN Y LOTERI
LOTTERY FUNDED



Llywodraeth Cymru
Welsh Government



Gwirfoddoli Cymru
Volunteering Wales

Bridgend Association of Voluntary Organisations



Cymdeithas Mudiadau Gwirfoddol Sir Penybont

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Make a difference to someone's day