

Ageing Well Network

Briefing Note

The Ageing Well Network in its opening meetings decided that an audit take place, of good practice and gaps in service activity within the area of Bridgend County Borough for older people (50+). In this context we are looking for all areas of good practice that is currently being undertaken by its members to improve the health and well being of older people of Bridgend. Any activity can be included as long as it benefits older people, their families and carers and will help to give us a better understanding of what each member is doing, what each member could be contributing to the wider determinants of healthy living and in turn enable us to identify gaps and set priorities. It was agreed that every agency in the network, in some way or another influences the health and well being of the local older population.

When completing the form please bear in mind that we are not looking to measure the activity than is going on, but rather to get a picture of the complexity and scale of current activity. We accept that for many organisations detailing every activity going on in your main or constituent organisations would not be feasible.

The exercise will help us to identify gaps, in current activity. This will be helpful for future planning.

1. Activities

Area (If not whole of Bridgend County area)

If the activity is focused on all or just part of the area of Bridgend County Borough please specify, for example, Porthcawl.

Combating Health Inequalities/Social Determinants of Health

This could be any activity that influences income, housing, education, employment, environmental quality etc. For example, improving the accessibility of housing in an area, or improving access to employment / benefits, for people currently out of work will all have a positive impact on health and well being.

Health Promotion Activity

This is any activity that improves the life styles of individuals e.g. smoking cessation, exercise, diet, alcohol, etc. This could include smoking cessation services, GP referral exercise programmes or any other activity that promotes healthy living.

Target Group (If possible numbers involved)

The target group for some projects might be the whole population or it could be targeted at a small group in one area (for example, an exercise project in the Valleys).

2. Gaps in provision

In this section we are looking for information about gaps in current activity for older people. For example, are there topics or issues not being addressed? Are services being provided that we know of that are discriminatory? Also, are some services and/or projects oversubscribed? For example is there a waiting list? Some information on the size of the gap would be useful.

If you need further help or advice please contact Roxane Dacey on :

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**Audit of practice and gap analysis
Ageing Well Network**

Name

Job Title

E-mail address

Organisation

1. Older Peoples Activities

What current health improvement activity is being carried out?

<i>Area (If not whole of Bridgend CBC area)</i>	<i>Combating health inequalities/Social determinants of Health (This could be any activity that influences, income, housing, education, employment, environmental quality etc)</i>	<i>Health Promotion Activity (This is any activity that improves the life styles of individuals, e.g., smoking cessation, exercise, diet, alcohol, etc)</i>	<i>Target Group (If possible numbers involved)</i>

Area (If not whole of Bridgend CBC area)	Combating health inequalities/Social determinants of Health (This could be any activity that influences, income, housing, education, employment, environmental quality etc)	Health Promotion Activity (This is any activity that improves the life styles of individuals, e.g., smoking cessation, exercise, diet, alcohol, etc)	Target Group (If possible numbers involved)

Gaps (activities/interventions not being carried out)	Unmet Need (Needs not being met)	Area (if not whole of Bridgend County)	Scale (If possible numbers involved)

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2. Gaps in provision

Are there any gaps in existing activity and/or unmet need? (Please also include information on the scale of the gap)

